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Subject: IJM Prayer: Pray for Lydia this International Women's Day
Date: 28 February 2026 at 08:01
To: [REDACTED]

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PRAY FOR JUSTICE



“He who was seated on the throne said, ‘I am making everything new!’”

REVELATION 21:5A (NIV)

Hi [REDACTED]

As we approach International Women's Day on 8th March, let's take a moment to raise our voices together prayer for an end to violence against women and girls.

According to the World Health Organisation (2021), 1 in every 3 women experiences violence in her lifetime

Lydia is one of these women.

For years, she endured **violence in her marriage**. Lydia reported the abuse multiple times, but even after police warnings, her husband continued to be aggressive and controlling.

One day, he confronted Lydia at the local shopping centre and beat her severely, accusing her of not washing his clothes. That night when he returned home, he **threatened to kill her**.

The next morning, Lydia reported the assault to the police. A leader of the local chapter of the Uganda Survivor Network, who knew of Lydia's situation, **referred the case to IJM for support**.

IJM worked alongside police to move the case forward, supporting the investigation and arrest of the perpetrator. Lydia's husband was charged with domestic violence and assault. IJM also provided Lydia with psychosocial support throughout the legal process.

Praise God that Lydia is safe, heard, and supported – that a local survivor leader was instrumental in helping her seek justice.

This International Women's Day, please pray for the millions of women and girls around the world who still face violence and trafficking.

Opening Prayer

God of renewal,

This International Women's Day,
we thank you that Lydia has received justice.
Yet we know that millions of women continue to face violence.
We ask for your hope, healing, and light to break through.

We cry out for an end to violence
against women and girls everywhere.
Please strengthen IJM's work, alongside governments and partners, in bringing protection and
freedom.

We praise you for the courageous women
who lead, love, and shine brightly in our own lives.

Amen

PRAISE POINTS

Praise God that IJM has helped police bring over 31,151 women and children to safety from violence plus tens of thousands more from trafficking. Pray that God will continue healing hearts, bodies, and minds and that survivors feel loved by God and their communities. May they experience abundant life.

PRAYER POINTS

Pray for women like Lydia who are experiencing violence in Uganda. IJM Uganda's national baseline report, released last year, found that over 70% of incidences of physical and sexual violence against women go unreported. Pray that justice in cases like Lydia's will be a source of hope and encouragement for more women to report abuse – leading to breakthrough, protection, and freedom.

Pray for those hosting [Gather events](#) in celebration of International Women's Day, raising awareness and advocating for the protection of women and girls. Pray that as friends and families gather around the dinner table, they would have meaningful conversations that spark a shared passion for protecting women from abuse.

The updates we share can become sensitive over time. To respect and protect survivors, please refrain from posting these prayer requests online – thank you.

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