

# Planning for *later* *life* at home

## 2026 free workshops

**Most of us want to stay in our own home for as long as possible. But when circumstances change, decisions can quickly feel overwhelming.**

Join us to hear real stories and explore the options available at different stages of later life — from early support to more complex care — in a relaxed and welcoming setting.

Learning  
from the *care*  
*journeys* of  
other families



# Planning for *later life* at home

Town	Venue	Date	Time
Newtownards	Home Instead Ards and North Down 72 High Street Newtownards BT23 7HZ	Friday 19 June 2026	3pm - 4.15pm
Webinar	Online - please email info.ards@homeinstead.co.uk to receive the link, or call us on 028 9124 2030	Tuesday 23 June 2026	3pm - 4.15pm
Saintfield	Home Instead Down and Lisburn 2B Comber Street Saintfield BT24 7AZ	Tuesday 8 September 2026	3pm - 4.15pm

**Please RSVP to let us know you're coming along!**

**028 9560 9910**

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[Homeinstead.co.uk/down-lisburn](https://www.homeinstead.co.uk/down-lisburn)

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*Join us  
in person or  
online*



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