

How it works

1

We'll sit with you and gather all the information about your situation.

2

We'll explain the options you have to deal with your debts.

3

We'll provide support as you follow the plan you've chosen.



We provide debt help and personal support in your local area.

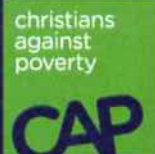


'CAP are unsurpassed when it comes to the debt help they give people across the country.'

Martin Lewis,
Money Saving Expert

Get free, expert debt help in your community, delivered by your local church alongside Christians Against Poverty.

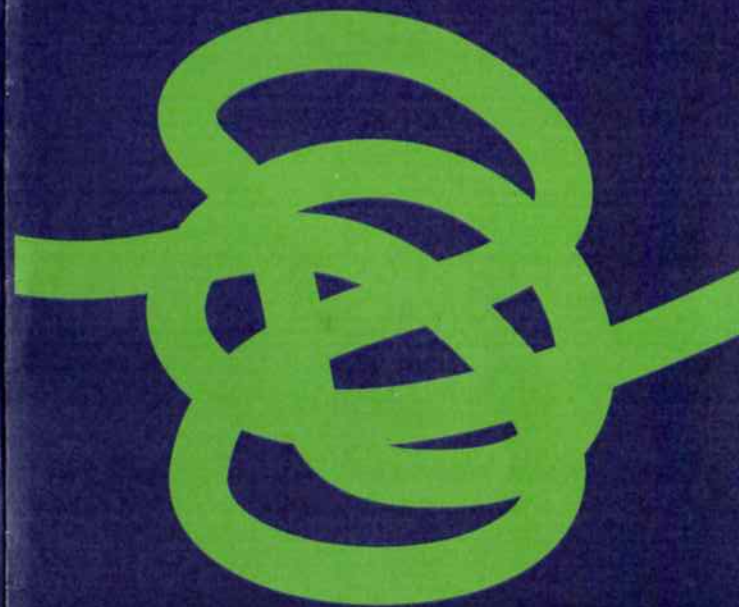
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Product code: 107415v1



christians
against
poverty

CAP

Expert debt help that understands you.



Untangle your debts with us.

capuk.org/debthelp
0800 328 0006

Our expert debt help is designed to meet your needs and provide the level of support you require. Contact us today:

capuk.org/debthelp
0800 328 0006



Our service is delivered face-to-face, usually in the privacy of your own home, by trained experts from your local area.

We understand that everyone's situation is different, and that's why a team from your local church will be there to support you every step of the way. You'll meet someone who can really understand the things you may be facing alongside your debts.

We know that debt can leave you feeling very alone. That's why the help you receive will always come with an opportunity to connect with others who can support you as you work towards becoming debt free.

'I felt for the first time that someone understood how I felt. When the advice came, CAP's process meant I was fully prepared.'

Jim, now debt free



You might feel like your situation is impossible, but it isn't. The debt help you'll receive is provided in partnership with Christians Against Poverty (CAP), which has been around since 1996. Thousands of people have trusted CAP's trained debt advisors to find a solution to their debt problem and support them to reach it.

CAP has worked with more than one thousand companies in the finance industry and is well-respected. Organisations like councils, utility and mortgage providers will work with CAP because they know to expect fair repayments based on what you can afford.

All advice is confidential, and CAP is regulated by the Financial Conduct Authority.



We won't charge you anything, ever. The service you receive is funded by donations from churches and individuals, so it's completely free.

We're here for anyone who needs us – it doesn't matter who you are or how you've found yourself in difficulty.

We're committed to making our service available to all individuals regardless of age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, sex and sexual orientation, and we monitor this appropriately.